Gates Chili Middle School Physical Education Expectations

Welcome to Physical Education Class. Understanding the expectations for Physical Education at the beginning of the year will help everyone to have a positive learning experience. **Review the information below, if you have any questions or concerns, please email your physical education teacher.**

Course Description: The Gates Chili Middle School Physical Education program consists of some required curricular units as well as some opportunities to choose activities from a variety of units offered.

Safety, above all, is our highest priority... To help ensure we provide the safest environment for all students, any "bulky" or long-hanging jewelry during physical education class, will not be permitted. Anything of value should be carefully placed in a secure area inside your bags. We also ask students to remove their chewing gum before class to avoid any hazards.

Preparation Requirements: All students are required to wear acceptable PE clothing. No CROCS/sandals/slippers/slides/ boots/dresses/skirts will be permitted. The School Dress Code will be enforced.

Grading: EVERY class meeting, your EFFORT, PARTICIPATION, AND ATTITUDE towards others, INCLUDING YOUR TEACHER, will be evaluated and measured by the District PE scoring rubric.

Effort

Score

Daily Scoring Rubric

Participation

Attitude

(5) Student work is beyond expectations.	Gives top effort daily. Is Self- motivated. Encourages others. Committed to improving personal fitness.	High level of participation. Always displays quality movement during activity. Excellent understanding of skills and strategies. Stays on task. Plays fairly.	Shows respect to classmates. Encourages others to improve. Consistently demonstrates a positive attitude and good sportsmanship. Works well with others.
(4) Student work meets expectations.	Consistently follows rules. Consistently displays daily effort, cooperation and works hard.	Good level of participation. Displays quality movement during activity. Demonstrates basic skills and strategies of games with ease.	Demonstrates positive attitude and often encourages other students. Always demonstrates good sportsmanship.
(3) Student work nearly meets described standards.	Inconsistently follows rules. Puts forth minimum effort. Does not work hard enough to improve fitness level.	Needs some reminders to participate. On task most of the time. Performs most skills and game strategies at a satisfactory level.	Inconsistently demonstrates positive attitude and sportsmanship.
(1-2) Student work does not meet expectations.	Puts forth minimum effort. Contributes little to the activity. Inconsistently follows the rules. Does not work hard to improve personal fitness level.	Uncooperative at times. Talks when directions are being given. Displays poor understanding of basic skills and game strategy. Reminders to stay on task.	Sometimes disruptive. Very little encouragement to classmates. Argues during activity. Does not demonstrate positive sportsmanship. (Negative at times.)
(0) Any student who is not prepared or refusing to participate	Uncooperative. Poor effort. Little or no movement during activities.	Insufficient knowledge of rules and game strategies with no attempt to learn them. Bends rules to suit self. Doesn't follow the rules. Avoids participation. Complains about the task.	Disruptive. Interrupts teacher when talking. Generally, not involved. May ask inappropriate questions. Poor sportsmanship. Displays poor attitude towards activity.

Lockers/ Locker Room Procedure: First enter the Large gym, Check-in with your teacher (the one who takes your attendance), ask for the locker room to be unlocked. Locker rooms may only be used by students who need to change clothing or have belongings, such as sneakers, in their assigned locker.

- 1. For safety and security, each student will be assigned their own combination locker.
- **2.** If (you) your child would like to change, they will do so in the locker room.
- 3. NO cell phone or any other recording devices are permitted to be used in the locker room.
- **4. NO** glass containers or aerosol cans are allowed in the locker room.
- 5. Students who will need to change at the end of the class period must remember to give themselves enough time to change and get to their next class on time.

****GCMS is not responsible for items lost or stolen. All lost or stolen items need to be reported to your teacher and a student report of lost or stolen items may be filled out and returned to your community office.

No Bully Zone!: In the gyms and surrounding areas, including the locker rooms and fitness center, <u>NO</u> bullying or bullyish behavior will be tolerated. Any student seen verbally or physically bullying another will be referred to their community administrator.

Excuses from home/ Medicals: If a student is not participating in physical education class due to an illness or injury outside of school, a written note or email from home or doctor should be presented to the teacher upon arrival to class. A student becoming ill during the course of the school day should see their teacher first, who may then issue them a pass to the health office. Students who are temporarily or permanently unable to participate in the regular physical education program (due to a medical condition/injury) will be assigned written work.

Intramurals/ Extracurricular Participation: Participation in intramurals and athletics is an extension of the physical education program and a PRIVILEGE to be earned. Intramurals are offered on school days where there are late buses. Students will sign up daily, outside of the Boys PE Office. More information on when intramurals start will be given to the students shortly. Students participating on an Extracurricular Sports team are NOT permitted to participate in Intramurals.

* A student <u>not</u> participating in physical education class on a given day will not be allowed to participate in intramurals or athletics that day.

»We have included our e-mail address if you have any problems or concerns you would like to discuss throughout the year.

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